

SATŌRI

S P A

Our Story

Satori Spa is a sanctuary inspired by the Zen concept of sudden awakening a space where wellness goes beyond the surface to touch the soul.

Rooted in the belief that true healing begins within, Satori blends mindful rituals, intentional treatments, and serene surroundings to guide you back to yourself Every detail from the 1 calming ambiance to our personalized care is designed to help you pause, breathe, and realign.

Nestled in the heart of Nyali Satori Spa invites you to experience a deeper kind of self- care. Not just relaxation. Awakening. Clarity. Peace

This is Satori

About Us

The Satori finds its roots in Zen Buddhism, where it signifies a moment of profound awakening a sudden, soul-deep realization of clarity, presence, and inner peace.

The name itself reflects our deep belief that true wellness begins not only in the body but in the stillness of the mind and the reconnection of the spirit. So when you enter Satori Spa , your not just entering a place of relaxation and rejuvenation, youre embracing a sweet awakening, clarity and inner peace through out our space and your experience.

Our journey began with a vision to create more than just a spa we wanted to build a sanctuary. A space where guests could step away from the demands of everyday life and enter a world of serenity and renewal.

Every detail from our treatments and techniques to the ambiance of our space is inspired by the philosophy of satori.

We invite you to experience this journey with us. Whether you're seeking a moment of calm or a transformative escape, Satori Spa is your place to heal, awaken, and reconnect with yourself

Can I bring my child to the spa?

As the spa has an adult -oriented atmosphere guests must be 16yrs and above to enjoy spa services. Baby-sitting services for registered hotel guests may be arranged with the front office desk

Gift Vouchers

Our gift vouchers make a wonderful present for any special occasion. Please call or personally enquire at the spa reception for details and purchase.

Preparing & Booking / Cancellation

Please avoid Tea/Coffee/Stimulant drinks for a few hours before Massage treatments. Bookings to be done an hours before the treatment for traditional massages and two hour prior for packages. Cancellation notice to be made 24 hour before the set appointment.

I am pregnant?

We kindly ask all expectant mothers to inform us of their pregnancy. For safety reasons, treatments are not recommended during the first trimester.

We offer only pregnancy-safe options such as prenatal massage with specially trained therapists, gentle facials, manicures, pedicures, and light body scrubs. Services such as deep tissue or hot stone massage, electrical treatments, and use of steam rooms are not permitted during pregnancy.

Only approved essential oils may be used in treatments. In some cases, we may request a doctor's approval, and all guests are required to sign a consent form.

Our therapists are fully trained to ensure the comfort and wellbeing of both mother and baby throughout the experience.

Valuables

While we endeavor to look after your belongings however the spa will not be liable for loss of your valuable .we urge you to leave your valuables at home or in the safe located in your rooms. While we provide lockers,, Satori spa cannot assume liability for any valuables,

Spa Etiquette

To preserve the tranquil and relaxation of the spa environment, we respectfully request you to silence your mobile phones/electronic devices. Please respect the quiet and privacy of other guests by speaking in a soft voice or simply enjoying the silence.

Smoking is prohibited throughout the facilities.

Special considerations

We recommend that men shave a few hours prior to a facial treatment. Guest with high blood pressure, heart conditions or with medical complications are advised to consult their doctors before signing up for any spa treatments. Please inform your therapist of any allergies e.g. sea products, nuts, essential oils or injuries that could affect your treatment or use of the spa facilities



Facial Treatments

Classic European Facial

Kshs. 5,000 (60 mins)

A deep-cleansing and refreshing treatment that purifies pores, exfoliates dead skin, and restores a healthy, radiant glow

Anti Aging Facial

Kshs. 6,500 (60 Mins)

A rejuvenating treatment designed to smooth fine lines, firm skin, and restore a youthful glow.

Hydrating Facial

Kshs. 5,000 (60 Mins)

A refreshing treatment that deeply moisturizes, restores skin balance, and leaves your complexion soft, supple, and glowing

Deep Cleansing Facial

Kshs. 6,000 (60 Mins)

A purifying treatment designed to remove impurities, unclog pores, & rejuvenate the skin, leaving your face refreshed, balanced, & glowing.

Gentleman's Facial

Kshs. 6500 (60 Mins)

A rejuvenating treatment tailored for men, designed to smooth fine lines, firm the skin, and restore a youthful, healthy glow.

Glow Facial

Kshs. 4,500 (75 Mins)

A rejuvenating treatment that deeply cleanses, hydrates, & brightens the skin, leaving you with a radiant, healthy glow.

Awakening Body

Indulge in our rejuvenating massage therapies, thoughtfully designed to awaken, heal, and restore balance. Step away from the chaos and reconnect with your inner peace



Aroma Back Bliss **Kshs. 3,500 (30 Mins)**
A soothing back massage infused with essential oils to melt away tension, ease muscle stiffness, and restore deep relaxation.

Deep Tissue Massage **Kshs. 7,000 (60 Mins)**
Kshs. 9,000 (90 Mins)
Targets deeper layers of muscle & connective tissue to relieve chronic tension, reduce pain, & restore mobility.

Pre-Natal Massage **Kshs. 5,500 (60 Mins)**
A gentle, soothing massage designed to relieve tension, reduce swelling, ease back pain, and promote relaxation during pregnancy. Safe and tailored for expectant mothers.

Aromatherapy Massage **Kshs. 6,500 (60 mins)**
Kshs. 8,500 (90 mins)
A relaxing full-body massage using essential oils to calm the mind, ease stress, and rejuvenate the body.

Hot Stone Massage **Kshs. 7,000 (75 Mins)**
A deeply relaxing therapy using smooth, heated stones to ease muscle tension, improve circulation, & melt away stress.

Aroma Lymphatic drainage massage **Kshs. 7,000 (60 Mins)**
Kshs. 9,000 (90 Mins)

A gentle, rhythmic massage technique designed to stimulate the lymphatic system, helping the body remove toxins, reduce fluid retention, and support immune function.

Swedish Massage **Kshs. 5,500 (60 Mins)**
Kshs. 7,000 (90 Mins)

A classic full-body massage using long, flowing strokes to relax muscles, improve circulation, & ease tension, leaving you refreshed & rejuvenated.

Foot Reflexology **Kshs. 4,000 (45 Mins)**

A therapeutic foot treatment that applies gentle pressure to specific reflex points, helping to relieve tension, improve circulation, & restore balance throughout the body.

Satori Sport Massage **Kshs. 10,000 (90 Mins)**

A deep, targeted massage designed to relieve muscle tension, improve flexibility, and enhance recovery. Ideal for athletes or anyone with active lifestyles.

Distress Massage **Kshs. 4,500 (45 Mins)**

A calming, restorative massage focused on releasing built-up stress, easing muscle tightness, and promoting deep relaxation.

Thigh To Ankle **Kshs. 3,500 (30 Mins)**

A revitalizing lower-limb massage that targets tension from the thighs down to the ankles. Helps reduce muscle fatigue, improve circulation, and leave your legs feeling lighter and refreshed.

Knee To Ankle **Kshs. 2,500 (30 Mins)**

A soothing massage concentrated on the lower legs to reduce tightness, ease soreness, and promote better blood flow.



Satori Body Treatments

Moroccan Hammam Bath **Kshs. 9,000 (90 Mins)**

A traditional cleansing ritual that deeply purifies the skin using steam, black soap, exfoliation, & soothing massage techniques. Leaves you refreshed, rejuvenated, & glowing.

Awakening Body Scrub **Kshs. 4,000 (45 mins)**

A revitalizing full-body exfoliation designed to awaken the skin and senses.

Tranquility Body Scrub **Kshs. 4,000 (45 mins)**

A rejuvenating Satori ritual with apricot. This relaxing cream based body scrub reveals refined, softer, silky smooth skin while promoting an overall sense of tranquility.

Kenyan Coffee Scrub **Kshs. 4,000 (45 Mins)**

An energizing full-body exfoliation using finely ground Kenyan coffee to gently remove dead skin cells and stimulate circulation.



Chai Glow **Kshs. 4,000 (45 mins)**

A warm & invigorating body polish infused with spiced Kenyan chai. This scrub gently exfoliates while the aromatic blend of cinnamon, cloves, & ginger awakens the senses, leaving skin radiant & deeply nourished.

Salt Renewal **Kshs. 4,000 (45 mins)**

A mineral-rich sea salt ritual designed to polish away impurities & restore balance. The coarse grains stimulate circulation & revitalize the skin, unveiling a smoother, refreshed, & renewed glow.

Ocean Essence Mineral Polish **Kshs. 4,000 (45 mins)**

A luxurious coastal-inspired exfoliation using pure sea minerals. This scrub replenishes the skin with essential trace elements, deeply hydrating while restoring natural vitality and luminosity.

Safari Ya Utulivu

Kshs 4,500

Welcome Ritual: Herbal tea or detox water with a refreshing aromatherapy towel.

Foot Revival: Warm coastal sea salt soak, rosemary & lemon infusion, mini scrub & massage.

Thigh - Ankle: Focused pressure - point relief with coconut & eucalyptus/lavender oil.

Scalp & Temple Massage: Rosemary or mint oil release for travel fatigue & headaches.

Closing Ritual: Cool towel, herbal shot or coastal sweet.





Birthday Radiance Ritual
Kshs. 15000 (120 Minutes)

Choice of two treatments :

- *Massage - Swedish (60 mins)*
- *Facial - Classic European*

Mani/Pedi - Sand & Sea Deluxe

Plus :

- *Awakening Body Scrub*
- *A glass of Wine/ Mocktail with Chocolate*

Couple Bliss Retreat
Kshs. 15,000 (120 Minutes)

- Swedish Massage (60 mins)
- Private steam room session.
- A glass of wine/ Herbal tea with Chocolate
- Romantic setting with rose petals and candles.



Soul Sister Spa Day (*Romantic Package*)
Kshs. 15,000 (120 Minutes)

- Swedish Massage (60 mins)
- Body steaming
- Salty Body Scrub
- A glass of wine

Satori Hands Of The Sea

Spa Manicure

Kshs. 2000

Sea salt soak, scrub, nail and cuticle care, mask, forearm massage, polish

Classic Gel Manicure

Kshs. 2500

Nail shaping, cuticle care, premium gel polish, citrus hand massage, cuticle oil.

Regular Manicure

Kshs. 1,500

Nail shaping, cuticle care, scrub, citrus hand massage, cuticle oil.

Satori Feet In Paradise

Spa Pedicure

Kshs. 3,000

Sea salt soak, scrub, cuticle care, mud mask, foot massage, polish.

Classic Gel Pedicure

Kshs. 3,200

Nail shaping, cuticle care, premium gel polish, citrus hand massage, cuticle oil.

Regular Pedicure

Kshs. 2,000

Nail shaping, cuticle care, scrub, citrus hand massage, cuticle oil.

Gel polish

Kshs. 1,000

Gel polish and soak off

Kshs. 1,500

Satori Signature Combos & Rituals

Gentlemen's Coastal Care

Kshs. 5,000

Grooming-focused, no-polish treatment. Nail shaping, exfoliation, pressure-point massage.





About D'vine

At Satori Spa, we use D'vine products - a premium, all natural skincare line crafted from botanical extracts & essential oils.

Facial Oils

Lightweight, nourishing blends that hydrate rejuvenate, and restore a healthy glow to your skin.

Body Oils

Rich, soothing oils infused with natural botanicals to deeply moisturize, relax tired muscles, & leave your skin silky smooth.

Body Scrubs

Gentle yet effective exfoliants that polish away dead skin, improve circulation, & reveal soft, radiant skin.

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